

PRAYER OF ST. JOHN CHRYSOSTOM BEFORE HOLY COMMUNION

O Lord, I believe and profess that you are truly Christ, the Son of the living God,
who came into the world to save sinners
of whom I am the first.

Accept me today as a partaker of your mystical supper,
O Son of God, for I will not reveal your mystery to your enemies,
nor will I give you a kiss like Judas,
but like the thief I acknowledge you:

Remember me, O Lord, when you come in your kingdom.
Remember me, O Master, when you come in your kingdom.
Remember me, O Holy One, when you come in your kingdom.

May the partaking of your holy mysteries, O Lord,
be not for my judgment or condemnation
but for the healing of soul and body.

O Lord, I also believe and profess that this,
which I am about to receive,
is truly your most precious body and your life-giving blood,
which, I pray, make me worthy to receive
for the remission of all my sins and for life everlasting. Amen.

O God, be merciful to me, a sinner.
O God, cleanse me of my sins and have mercy on me.
O Lord, forgive me for I have sinned without number.

